

2016



SELF

# Happy New Year!

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This year marks an important and exciting milestone for the SELF Study. We are scheduled to launch the 3rd and last funded follow-up! Nearly 90% of you returned for your 1st follow-up, and nearly 83% of you have already completed the ongoing 2nd follow-up visit.

Our goal is to learn how to prevent suffering caused by fibroids. The follow-up visits provide information about development of new fibroids and fibroid growth, critical information for reaching our goal. Encourage family and friends you may know who are in SELF to remain active with the study. If you have missed any follow-up, get in on the next.

At the conclusion of the study, if you have completed all follow-up visit activities, you will receive an additional \$100. Even if you have missed a follow-up, but complete the upcoming 3rd follow-up, we will be able to give you a smaller bonus incentive.

For questions, or if you want to give us new contact information, contact us at the information below.

Wishing you the very best for 2016!

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**STUDY OF ENVIRONMENT, LIFESTYLE & FIBROIDS**

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